

3 3<sup>R D</sup> A N N U A L

# Clinical & Research

M E E T I N G

*April 11-13, 2019*

*New Orleans Marriott • New Orleans, LA*



*Registration Brochure*



North American Society for  
Pediatric and Adolescent Gynecology



*Dear ACRM Attendees,*

Welcome to the 33<sup>rd</sup> Annual Clinical and Research Meeting of NASPAG and to the city of New Orleans. For those of you attending ACRM for the first time, I want to personally welcome you into our international gathering of providers for pediatric and adolescent gynecology (PAG). I hope that you will be educated, energized, and inspired by the next two and a half days of plenary sessions, workshops, committee meetings, and luncheons. On behalf of NASPAG, I offer our collective gratitude to Dr. Leslie Appiah and the Program Committee for many hours of work to make this meeting truly welcoming, informative, and state-of-the-art.

We are looking forward to honoring our new members at the New Members Reception at 5pm Thursday. All of you, old members or new, are invited to the Welcome Reception at 5:30pm Thursday night, to celebrate NASPAG's accomplishments this year and renew or begin the collaborative relationships with colleagues that make NASPAG great.

For those of you in your early years of PAG practice, I hope you have registered to attend the Early Faculty Peer Mentoring reception we have planned for you on Wednesday evening to share ideas and common interests. A great strength of this organization is that our membership is diverse, representing all stages of careers, the private sector as well as the academic, multiple countries, and many specialties that provide PAG. Here you can exchange ideas with pediatric and adolescent gynecologists, providers in primary Ob/Gyn, adolescent, reproductive endocrinology, and pediatric endocrinology, as well as family practice and pediatrics. I am delighted to see the number of medical and nursing students, residents, and fellows who attend ACRM each year.

Much work in PAG advocacy and education has taken place in the last year through the active committees of NASPAG. You can access much of this work on our website, [www.naspag.org](http://www.naspag.org). My heartfelt thanks are offered to the Co-chairs of the committees, as well as committee members, for making NASPAG's mission a priority throughout the year. NASPAG's growth and vibrancy reflect the dedication you have to PAG. For those of you who are interested in joining a committee for 2019-2020, please contact a NASPAG Board member with your questions, and sign up to express your interest at the Conference registration tables.

NASPAG's growth depends on your efforts, and I thank you for your contributions.

I hope each of you will finish the weekend refreshed and invigorated with the tools to provide PAG for young patients all over the world. Your dedication and energy offer hope for global access to reproductive healthcare for the next generation.

I have been humbled and amazed by the work of our Board, NASPAG members, and our management company, Talley Management, over this past year. I offer them heartfelt thanks and admiration for their enthusiasm, diligence, and dedication to our mission.

Finally, I am grateful to my UW Endocrine colleagues, my fellows (current and former), and my family, for their support of our work for reproductive health. I began my medical education here in Louisiana, and I am proud to welcome all of you to New Orleans to continue the NASPAG tradition of medical education.

Gratefully,  
Ellen Lancon Connor, MD  
2018-2019 NASPAG President  
Professor of Pediatric Endocrinology  
American Family Children's Hospital  
Madison, Wisconsin



## *Dear Friends and Colleagues,*

It is with great pleasure that I welcome you to the 33rd NASPAG Annual Clinical Research Meeting, April 11-13th, 2019. This year's meeting will be held at the New Orleans Marriott in the historic French Quarter in New Orleans, Louisiana – the Crescent City. Our mission this year is to bridge disciplines that address the medical and surgical care of girls, youth and young women, recognizing the effects of their social and physical environments on their health.

Program highlights include nationally and internationally renowned plenary speakers representing the major medical societies in North America:

- ◆ Dr. Peter Minecci (AAP, ACS) Advancing Adolescent Health through Research and Quality Improvement
- ◆ Dr. Elizabeth Yerkes (AUA, SPU), Shared Decision Making for Vaginoplasty
- ◆ Dr. Veronica Gomez-Lobo (NASPAG Past President), Reproductive Health Concerns in Transplant Medicine
- ◆ Dr. Omar Hatim (NASPAG, SAHM), Adolescent Suicide
- ◆ Dr. Marcelle Cedars (ASRM), Hormone Replacement Therapy in Adolescents
- ◆ Dr. Patricia Moore and Dr. Aletha Akers, Disparities in Adolescent Reproductive Health and Contraception Access
- ◆ Hot Topics plenary speakers: Dr. Erica Eugster (PES), Precocious Puberty and Dr. Debra Katzman (SAHM), Eating Disorders and Bone Health

Interactive workshops and round-table luncheons will build upon the experiences and successes of previous years to cover a wide array of topics including complex contraception, developing a PAG service line, transgender care, urologic and defecatory disorders, reproductive endocrinopathies, advocacy and other clinically relevant topics. Beginner and advanced sessions are directed toward the needs of multidisciplinary adult learners at various career stages.

Sponsored workshops will address challenging medical and surgical aspects of gynecologic care with the addition of new hands-on training tools for learners. Topics will include endometriosis, advanced laparoscopy, vulvodynia, sexual abuse, long-acting reversible contraceptives, bleeding disorders, uterovaginal anomalies and ultrasound imaging in adolescents.

A new abstract submission platform has allowed another record year of submissions with an impressive showcase of peer-reviewed research through platform presentations and awards and poster sessions with authors.

The mentoring program was well received during its inaugural year and has been continued for 2019. Mentees will have the opportunity to meet with senior mentors and NASPAG leaders with whom they have established relationships over the past year. The mentoring workshop will be preceded by the Research Education Workshop title IRB Pearls and Pitfalls and is open to all conference attendees.

Networking at the ACRM remains a vital part of the program and many opportunities will be available throughout the week through Special Interest Groups, NASPAG Committee meetings and informal gatherings. If travel plans allow, please plan to take advantage of opportunities to explore the city with friends and colleagues the day prior to conference activities through gastro tours, walking city tours and haunted tours.

New Orleans will be bustling with excitement this spring with the French Quarter Festival occurring during the ACRM. Register and book your hotel rooms now for the 33rd NASPAG Annual Clinical Research Meeting.

It has been a pleasure serving as your program chair and I look forward to joining you in the Crescent City for a memorable ACRM experience. *Laissez les bons temps rouler!*

Warmly,  
Leslie Coker Appiah, MD, FACOG  
2019 NASPAG ACRM Program Chair



### *Mission and Goals*

The mission of the Society is to provide multidisciplinary leadership in education, research and gynecologic care to improve the reproductive health of youth.

The North American Society for Pediatric and Adolescent Gynecology shall pursue scientific and educational goals, including the following:

- ◆ Serve and be recognized as the lead provider in PAG education, research and clinical care.
- ◆ Conduct and encourage multidisciplinary and inter-professional programs of medical education and research in the field of PAG.
- ◆ Advocate for the reproductive well-being of children and adolescents and the provision of unrestricted, unbiased and evidence based practice of PAG.



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## Oral Abstract Presenters

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Kyzwana Caves, MD  
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Maggie Dwiggin, MD  
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Tara Streich-Tilles, MA  
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Cincinnati, OH

### Video Abstract Presenter

Saifuddin T. Mama MD MPH  
Cooper Medical School of Rowan University  
Moorestown, NJ



## Overview

The 33rd Annual Clinical & Research Meeting (ACRM) of the North American Society for Pediatric and Adolescent Gynecology (NASPAG) will consist of keynote sessions and concurrent presentations addressing critical issues in pediatric and adolescent gynecology, surgery, endocrinology and sexuality. The faculty and participants will interact in a variety of formats, including formal and informal group discussions, oral and poster sessions including video abstracts, and lively debates in order to disseminate the latest information concerning pediatric and adolescent female patients.

## Target Audience

This conference is intended for primary care physicians, specialists, nursing and allied health professionals, and physicians in training whose practices include pediatric and adolescent female patients and/or whose practices include the gynecologic care of pediatric and adolescent patients.

The North American Society for Pediatric and Adolescent Gynecology shall pursue scientific and educational goals, including the following:

## Conference Objectives:

At the conclusion of the meeting, attendees should be better able to:

1. Demonstrate understanding of the clinical presentation and medical management of common reproductive endocrinopathies affecting the female pediatric and adolescent population.
2. Describe the medical and surgical management of genitourinary and reproductive tract conditions affecting the pediatric and adolescent patient and demonstrate understanding of procedural and imaging techniques utilized in the gynecologic care of this population.
3. Understand the effects of chronic medical conditions on reproductive function and describe the effect of social determinants of health on reproductive function and quality of life.
4. Incorporate Quality Improvement and Research into the clinical care of pediatric and adolescent patients to more expediently improve clinical outcomes.
5. Develop approaches to implementation and management of contraceptive methods in patients with complex medical conditions.

## Accreditation:

In support of improving patient care, MedStar Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), the American Nurses Credentialing Center (ANCC) and the American Academy of PAs (AAPA) to provide continuing education for the healthcare team.

## Credit Designation:

This activity was planned by and for the healthcare team, and learners will receive 18.5 Interprofessional Continuing Education (IPCE) credits for learning and change.

MedStar Health, as the accredited provider, must be prominently displayed as such on all

## Admission:

Conference name badges are required for admission to all activities related to the ACRM, including the exhibit hall and social events.

## Registration Desk:

The 2019 ACRM Registration Desk is located at the Preservation Booth. The Registration Desk will be open and staffed during the following hours:

Wednesday, April 10, 2019:	3:00 pm – 5:00 pm
Thursday, April 11, 2019:	6:30 am – 5:00 pm
Friday, April 12, 2019:	6:30 am – 5:00 pm
Saturday, April 13, 2019:	6:30 am – 12:30 pm

## Exhibit Hours:

The exhibit hours are listed below and will be set-up in the Studio Foyer.

### Exhibit Set-up

Wed., April 10, 2019	4:00 pm - 6:00 pm
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### Exhibit Hours

Thurs., April 11, 2019	7:00 am – 5:00 pm
Fri., April 12, 2019	7:00 am – 5:00 pm
Sat., April 13, 2019	7:00 am – 12:00 noon

### Exhibit Dismantle

Sat., April 13, 2019	12:00 noon
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## General Session Questions:

Five to ten minutes have been scheduled at the end of each presentation for floor discussion. Please step to the floor microphone, state loudly and distinctively your name and affiliation. Out of courtesy for the presenter, as well as to provide an opportunity for more participants to speak, discussants are not permitted to give “mini-talks”.

## Luncheons:

Box lunches will be provided on Thursday, April 11 and Friday, April 12 for all meeting registrants. Lunches will be available prior to the start of the lunch sessions. We are sorry but we are unable to provide lunches for non-registrants. Dining options are available at the hotel and nearby. Please visit the hotel concierge for more information or assistance with reservations, or check out our local host recommendations.

## Safety First:

Always be aware of your surroundings and practice basic safety rules. Please travel in groups and only in familiar places. When leaving the hotel property, do not wear your name badge as this could identify you as a visitor.

NASPAG cannot be responsible for your safety at the New Orleans Marriott, New Orleans, LA, throughout the hotel, or conference.

## NASPAG Raffle:

We are pleased to announce we will be holding a raffle again this year at the ACRM to benefit the Young Scholars program. Proceeds will go towards scholarships for the 2019 ACRM. Raffle tickets will be sold and drawn throughout the meeting. Please note that you do not have to be present to win.

Tickets prices are as follows:

5 tickets for \$10
15 tickets for \$25
30 tickets for \$50

Tickets may be purchased on-site at the NASPAG Registration Desk during normal registration hours.

PLEASE NOTE: The Clinical Training Sessions listed below are neither accredited sessions, nor part of the MedStar accredited event.

### Endometriosis Workshop

*Industry Support: Olympus Corporation of the Americas and Stryker*

This session is scheduled for Friday, April 12, 2019 from 4:30pm–6:00pm in Carondelet Ballroom at the New Orleans Marriott Hotel. This session is NOT accredited for continuing education credit. During this workshop, attendees will discuss the etiology, diagnosis, and medical and surgical management of endometriosis in adolescents. Attendees will then rotate through laparoscopy stations that review the surgical treatment options for endometriosis.

*Presenter: Stacey Scheib, MD*

### Advanced Laparoscopy Workshop

*Industry Support: Olympus Corporation of the Americans, Ethicon, and Stryker*

This session is scheduled for Friday, April 12, 2019 from 4:30pm–6:00pm in Iberville Room at the New Orleans Marriott Hotel. This session is NOT accredited for continuing education credit. In this workshop, attendees will discuss the surgical indications, techniques and management of the adnexal mass, including laparoscopic ovarian cystectomy, adnexal de-torsion and oophorectomy. Attendees will also engage in simulation of laparoscopic detorsion, ovarian cystectomy, and oophorectomy.

*Presenter: Saifuddin Mama, MD*

### Diagnosing and Managing Vulvar Pain: Vulvoscopy and Pelvic Floor Assessment

*Industry Support: Cooper Surgical*

This session is scheduled for Friday, April 12, 2019 from 4:30pm–6:00pm in Studio 2 at the New Orleans Marriott Hotel. This session is NOT accredited for continuing education credit. During this workshop, attendees will discuss the causes, evaluation and management of vulvar pain and how to perform a comprehensive diagnostic exam. Attendees will then rotate through simulation stations that review the approach to and vulvoscopy and how to assess the pelvic floor musculature.

*Presenters: Judith Hersch, MD and Judith Simms-Cendan, MD*

### Sexual Abuse and Forensic Imaging Workshop

*Industry Support: Apollo Imaging, Cooper Surgical*

This session is scheduled for Friday, April 12, 2019 from 4:30pm–6:00pm in Studio 10 at the New Orleans Marriott Hotel. This session is NOT accredited for continuing education credit. Attendees of this workshop will review the importance of good photo documentation in sexual abuse cases, discuss pointers to capture quality images, review images of vulvar and vaginal pathology, and discuss appropriate documentation and storage of images in the context of patient confidentiality.

*Presenters: Marcella Donaruma-Kwoh, MD and Norell Rosado, MD*

### Intrauterine Device Insertion and Management of Complications Workshop

*Industry Support: Cooper Surgical, Bayer, LinaMed, Medicines360 (equipment only)*

This session is scheduled for Friday, April 12, 2019 from 4:30pm–6:00pm in Studio 7&8 at the New Orleans Marriott Hotel. This session is NOT accredited for continuing education credit. Attendees of this workshop will review the indications and contraindications to in-

trauterine devices, including discussing techniques to advise patients on the risks and benefits of IUDs. Attendees will then engage in one-on-one training with the use of pelvic models to simulate IUD insertion and removal techniques, including utilizing a virtual simulator to mimic the natural sensation of cervical penetration and uterine sounding, and office hysteroscopy to facilitate localization of IUDs with non-visualized strings.

*Presenters: Krishna White, MD and Nichole Tyson, MD*

### Nexplanon Insertion Workshop

*Industry Support: Merck*

This session is scheduled for Friday, April 12, 2019 from 4:30pm–6:30pm in Audubon at the New Orleans Marriott Hotel. This session is NOT accredited for continuing education credit. Attendees of this workshop will review the indications and contraindications to contraceptive implants, including discussing techniques to advise patients on the risks and benefits of implants. Attendees will then engage in one-on-one training with the use of models to simulate Nexplanon insertion and removal techniques.

*Presenters: Heather Lewarchick, MD and Wendy Jackson, MD*

### Mullerian Anomalies

*Industry Support: Syracuse Medical (equipment only)*

This session is scheduled for Friday, April 12, 2019 from 4:30pm–6:00pm in Studio 6 at the New Orleans Marriott Hotel. This session is NOT accredited for continuing education credit. Attendees of this workshop will review the presentation, evaluation, imaging, management (surgical and non-surgical) of non-obstructive and obstructive Mullerian anomalies.

*Presenters: Lesley Breech, MD, Amy Vallerie, MD and Kathy Helton, MD*

### Ultrasound

*Industry Support: General Electric, Medaphor (equipment only)*

This session is scheduled for Friday, April 12, 2019 from 4:30pm–6:00pm in Studio 9 at the New Orleans Marriott Hotel. This session is NOT accredited for continuing education credit. Attendees of this workshop will review the use and interpretation of ultrasound for gynecologic pathologies including adnexal masses and torsions, uterine anomalies (fibroids, polyps, structural), and intra-operative guidance.

*Presenters: Lisa Bernhard, MD and Caroline Juneau, MD*

### Caring for Transgender Youth with Bleeding Disorders

*Industry Support: Foundation for Women and Girls with Bleeding Disorders*

This session is scheduled for Friday, April 12, 2019 from 4:30 pm–6:00pm in St. Charles Room at the New Orleans Marriott Hotel. This session is NOT accredited for continuing education credit. This session will focus on the care of transgender youth with blood disorders, highlighting specific issues and needs that these transgender youth may have regarding transition, including heavy menstrual bleeding and uterine bleeding, and the prevention of thrombosis/thrombophilia. Management of the unique needs as they relate to bleeding disorders and thrombophilia in this population. The faculty from the essential collaborative disciplines of obstetrics/gynecology and hematology will address gender-affirming hormone therapy for transgender youth and the risk/incidence of venous thromboembolism, ischemic stroke and myocardial infarction; interpreting laboratory levels in setting hormone levels; the medical and treatment strategies that are in use and recommended; and the necessary collaboration between hematology and gynecology for its effective management and treatment.

*Presenter: Nancy Sokkary, MD*

## Research Awards

Important missions of NASPAG include providing leadership in research and serving as a forum for research in the field of pediatric and adolescent gynecology. Each year NASPAG recognizes researchers with awards for best research by a trainee, best poster presentation, and best oral presentation.

The Evelyn G. Laufer Award recognizes the best oral presentation.

The Huffman Capraro Award recognizes the best oral research presentation by an individual in training (student, resident or fellow). To win this award requires both outstanding research and strong mentorship.

The Sally E. Perlman Award recognizes the best poster presentation.

### The Evelyn G. Laufer Award

- |  |   |
|--|---|
| <p><b>2005</b><br/><i>Immunogenicity of a Prophylactic Quadrivalent Human Papillomavirus (Types 6/11/16/18) L1 Virus-Like Particle (VLP) Vaccine in Young Women</i><br/>A.R. Giuliano, PhD</p> | <p><b>2013</b><br/><i>Immunogenicity of a Prophylactic Quadrivalent Human Papillomavirus (Types 6, 11, 16, and 18) L1 Virus-Like Particle Vaccine in Male and Female Adolescent Transplant Recipients</i><br/>Veronica Gomez-Lobo, MD</p> |
| <p><b>2006</b><br/><i>The Impact of Depot Medroxyprogesterone Acetate on Adolescent Bone Mineral Density</i><br/>Zeev Harel, MD</p>  | <p><b>2014</b><br/><i>The Collection and Analysis of Carbon Monoxide (CO) Levels as an Indirect Measure of Smoke Exposure in Pregnant Teenagers at a Multidisciplinary Teen Obstetrics Clinic</i><br/>Ana Sofia Lopez, MSc</p>            |
| <p><b>2007</b><br/><i>The Relationship between Religiosity and Sexual and Contraceptive Behaviors</i><br/>Anya V. Sheftel, BA</p>  | <p><b>2015</b><br/><i>The Effect of Hormonal Add-Back Therapy in Adolescents Treated with a Gonadotropin Releasing Hormone (GNRH) Agonist for Endometriosis: A Randomized Trial</i><br/>Amy DiVasta, MD</p>                               |
| <p><b>2008</b><br/><i>Screening for Postpartum Depression at Well-Child Visits: Is Once Enough during the First Six Months of Life?</i><br/>Karolyn Kabir, MD</p>                              | <p><b>2016</b><br/><i>Evidence of a Dose-Response Relationship Between Medroxyprogesterone Acetate and Bone Mineral Density Loss in Adolescents</i><br/>Andrea Bonny, MD</p>  |
| <p><b>2009</b><br/><i>Pathways through Puberty: Peripubertal Hormone Changes</i><br/>Frank M. Biro, MD</p>   | <p><b>2017</b><br/><i>Treatment of Prepubertal Labial Adhesions: A Double Blinded, Randomized Controlled Trial Comparing Topical Emollient Versus Topical Estrogen</i><br/>Tazim Dowlut-McElroy, MD</p>                                   |
| <p><b>2010</b><br/><i>Impaired Glucose Tolerance in Adolescents with Polycystic Ovarian Syndrome</i><br/>Beth W. Rackow, MD</p>  | <p><b>2018</b><br/><i>Hypercoagulable Changes in Obese and Non-Obese Adolescent Females Initiating Combined Oral Contraceptives</i><br/>Fareeda W. Haamid, DO</p>   |
| <p><b>2011</b><br/><i>Recurrent Pelvic Inflammatory Disease and Reproductive Health Outcomes: Findings from the PEACH Trial</i><br/>Maria Trent, MD, MPH</p>                                   |   |
| <p><b>2012</b><br/><i>Earlier Puberty in Girls, or Earlier Pubertal Changes? The Hormone Story</i><br/>Frank Biro, MD</p>  |   |

## The Huffman Capraro Award

**2005**

*Management of High-Grade Cervical Neoplasia in Adolescents*

Karen Fuchs, MD

**2006**

*Preservation of Bone Mineral Density in Adolescents Treated with GnRH Agonists and Add-Back Therapy for Endometriosis*

Amy D. DiVasta, MD

**2007**

*The Duration of Labor in Adolescents*

Jane Hui, MD

**2008**

*Adverse Outcomes Associated with Adolescent Pregnancy*

Andrew Stewart, MD

**2009**

*OB/GYN Resident Perceptions about Adolescent Health Care Training*

Brandi Swanier, MD, MPH

**2010**

*Acceptability of the Vaginal Contraceptive Ring Among Adolescent Women*

Lekeisha Terrell, MD

**2011**

*Predicting Medication Adherence in Adolescents with Pelvic Inflammatory Disease (PID)*

Sarah Malena Wheeler, MD

**2012**

*Early Contraception Initiation in First Time Adolescent Mothers: Does it Decrease Rapid Repeat Pregnancy?*

Lauren F. Damle, MD

**2013**

*Centering Prenatal Care: Does Group Prenatal Care Improve Adolescent Pregnancy Outcomes?*

Gayatri Chhatre, MD

**2014**

*Why Didn't You Text Me a Reminder? Post-study Trends from the DepoText Trial*

Cara Buchanan, BA

**2015**

*Cervical Immaturity as a Marker for Increased Risk for STIs*

Jason Jarin, MD

**2016**

*Outcomes of Intrauterine Device Use in Young Women with Physical and Intellectual Disabilities*

Morgan Alexander

**2017**

*The Family Planning Needs of Young Transgender Men*

Alexis Light, MD

**2018**

*Vulvar Graft Versus Host Disease in Patients Transplanted in a Pediatric Hematopoietic Stem Cell Transplant Center*

Stephanie Cizek, MD

## The Sally E. Perlman Award

**2007**

*The Relationship Between Depressive Symptoms and Risk-Taking Behavior in Female Adolescents*

Alison D. Goldberg, BA

**2008**

*Elevated Testosterone in Active Girls of Normal Weight with Oligomenorrhea*

Kanakadurga Singer, MD, MA

**2009**

*A Simulation Program is an Effective Teaching Method for Teaching the Pediatric Gynecology Exam and Procedures to Residents*

Meredith Loveless, MD

**2009**

*Intrauterine Contraception in Adolescents: A Descriptive Study of the Use, Side Effects and Compliance in a Residency Clinic Population*

Eduardo Lara-Torre, MD

**2010**

*Eating Disordered Symptoms as a Mediator of Oral Contraceptive use in Minority Adolescents: Preliminary Findings*

Kelli Stidham Hall, MSN, PhD

**2011**

*Evaluation of a Unique Canadian Community Outreach Program Providing Obstetrical Care for Pregnant Adolescents: A Matched Cohort Study*

Nathalie Fleming, MD

- 2012**  
*Medical Student Self-Efficacy with Adolescent Gynecological Issues: Knowledge, Communication, and Standardized Patients*  
Jennifer L. Woods, MD
- 2013**  
*Improving Adolescent Sexual Health: Evaluating the Feasibility of a Motivational Interviewing Intervention to Improve Mother-Adolescent Communication about Sex*  
Aletha Akers, MD, MPH
- 2014**  
*Parent and Adolescent Attitudes Towards the Adolescent Confidential Interview in the Gynecologic Setting*  
Gylynthia Trotman, MD
- 2015**  
*Onset of Puberty: Mother Knows Best*  
Frank Biro, MD
- 2016**  
*Assessment of the NASPAG Short Curriculum in Pediatric and Adolescent Gynecology*  
Patricia Huguelet, MD
- 2017**  
*Patient Delivered Expedited Partner Therapy for Chlamydia Among Female Adolescents Using School Based Health Centers: Is It Feasible?*  
Susan Heffernan-Vacca, PNP
- 2018**  
*Sexual Function, Body Image and Genitourinary Anatomy of Adult Women With Classic Congenital Adrenal Hyperplasia*  
Kylie G. Fowler, MD

## The Video Abstract Award

- 2016**  
*Pediatric Laparoscopic Congenital Vesico-Vaginal Fistula Repair for Vaginal Agenesis*  
Frank Penna, MD

## Young Scholars Grant

NASPAG has established the Young Scholars Grant to provide a venue for young physicians and advanced practice nurses to voice their interest in the field of pediatric and adolescent gynecology.

Congratulations to this year's recipients:

**Young Scholars Grant for Advanced Practice Nursing**

Samantha Shearman, MSN  
Texas A&M University  
Corpus Christi, TX

**Young Scholars Grant for Physicians-in-Training**

Ariel Cohen, MD  
University of North Carolina  
Chapel Hill, NC

Sarah Green, MD  
Children's Hospital Colorado  
Denver, CO

Florence Gregoire-Briard, MD  
University of Ottawa  
Ottawa, Canada

## Agenda

### MARRIOTT ROOM NAME DIRECTORY

**41st Floor:** Use River Tower Elevators - Floor 41

**Audubon:** Use River Tower Elevators - Floor 5

**Bacchus:** Use Stairs on Floor 3 or River Tower Elevators - Floor 4

**Beauregard:** Use River Tower Elevators - Floor 5

**Carondelet:** Floor 3

**Iberville:** Use Stairs on Floor 3 or River Tower Elevators - Floor 4

**Preservation Booth:** Floor 2

**Regent (Friday only):** Use Stairs on Floor 3 or River Tower Elevators - Floor 4

**Salon F/G (Friday only):** Floor 3

**St. Charles:** Use River Tower Elevators - Floor 41

**Studio 1-10:** Floor 2

## WEDNESDAY, APRIL 10, 2019

**3:00 pm – 5:00 pm**

*Preservation Booth*

**Registration**

**6:00 pm – 7:30 pm**

*President's Tower Suite*

**Early Faculty Peer Mentoring Reception (invitation only)**

## THURSDAY, APRIL 11, 2019

**6:30 am – 5:00 pm**

*Preservation Booth*

**Registration**

**7:00 am – 8:00 am**

*Studio 1*

*Iberville*

*Bacchus*

*Audubon*

*Studio 10*

*Beauregard*

**Committee Meetings (Closed to Committee Members Only)**

**SIG Meetings (Open)**

**Ad Hoc Coding Committee**

**Fellowship Directors SIG**

**Website Committee**

**Adolescent Medicine SIG**

**Education Committee**

**Social Media Committee**

**7:00 am – 8:00 am**

*Studio Foyer*

**Continental Breakfast – Exhibits**

**8:00 am – 8:05 am**

*Carondelet*

**Opening Remarks**

*Leslie Coker Appiah, MD, FACOG*

**8:05 am – 8:15 am**

*Carondelet*

**Local Hosts – Welcome**

*Kim Hoover, MD*

*Lisa Peacock, MD*

**8:15 am – 8:30 am**

*Carondelet*

**Presidential Address**

*Ellen L. Connor, MD*

**8:30 am – 9:30 am**

*Carondelet*

**Plenary Session I: The NASPAG Lectureship:**

**Early Breast Development in Girls: Etiologies, Management and Outcomes**

**Precocious Puberty**

*Erica A. Eugster, MD*

### Learning Objectives:

1. Relate proposed etiologies and natural history of premature thelarche.
2. Identify the potential underlying genetic basis of central precocious puberty.
3. Explain the clinical presentation and reproductive function in girls with McCune-Albright syndrome.

**THURSDAY, APRIL 11, 2019** *(continued)***9:30 am – 10:30 am***Carondelet***Scientific Paper Presentations****Moderators:** *Janeen Arbuckle, MD, PhD, Katherine E. Debiec, MD***9:30 am****Body Image, Sexual Function, and Reproductive Characteristics in Adult Women with CAH Compared to Age, Race, and Marital Status Matched Controls***Maggie Dwiggin, MD***9:42 am****Does Choice of Contraceptive Method Influence Frequency of STI Screening and Rates of STI's among Adolescents and Young adults in an Urban Academic Setting***Karen Bernstein, MD***9:54 am****Enhanced Recovery After Surgery in Pediatric and Adolescent Gynecology: A Pilot Study***Abigail Smith, MD***10:06 am****Development of a Multi-Disciplinary Endometriosis and Chronic Pelvic Pain Program at a Tertiary Children's Hospital***Dana Lenobel, MD***10:18 am****Premature Height Deceleration: A Risk in Transmasculine Youth***Frances Grimstad, MD***10:30 am – 10:45 am***Studio Foyer***Break – Posters – Exhibits****10:45 am – 11:45 am***Carondelet***Concurrent Workshops****T1 – Ask a Family Planner: Stepping beyond the CDC and WHO Contraceptive Guidance***Emily M. Godfrey, MD, MPH, FAAFP, Lisa Hofter, MD, MPH, MBA,**Amber I. Truehart, MD, MSc***Learning Objectives:**

1. Articulate differences between the US MEC, SPR and WHO MEC guidance.
2. Apply the US MEC and SPR to specific adolescent clinical scenarios.
3. Counsel, document, and prescribe contraception for medically complicated adolescents – including cases when guidelines may seem to give conflicting recommendations.
4. Identify considerations for common adolescent medical conditions not included in the CDC and/or WHO contraceptive guidance.
5. Discuss “off label” use of contraceptive methods in adolescent patients.

*Iberville***T2 – PCOS: Updates and Trends***Andrea Bonny, MD, Selma Witchel, MD***Learning Objectives:**

1. List the diagnostic criteria for PCOS.
2. Comprehend the interactions between steroidogenesis, folliculogenesis, Anti-Mullerian hormone, hyperinsulinism/insulin resistance, and neuroendocrine factors involved in the pathophysiology of PCOS.
3. Understand available genetic and epigenetic data.
4. Know about screening for depression, anxiety, and eating disorders in women with PCOS.

## THURSDAY, APRIL 11, 2019 *(continued)*

### *Studio 2*

#### **T3 – You are Beautifully Normal! Supporting Young Women’s Positive Genital Self Image**

*Anjali Aggarwal, MD, FRCSC, MHSc (Bioethics), Megan Harrison, MD  
Nicole Todd, MD, FRCSC*

#### **Learning Objectives:**

1. To discuss societal changes that have resulted in adolescents questioning the appearance of their labia.
2. To look at professional guidelines on genital surgery in adolescents.
3. To briefly discuss labiaplasty and its risks.
4. To explore the ethics of performing/not performing genital surgery in adolescents.
5. To provide attendees with practical tools to help improve body image and genital self-esteem.

### *Studio 6*

#### **T4 – Sponsored Workshop**

#### **LARC-T: Transgender and Nonbinary-focused LARC Programs for Adolescents - Contraception and Beyond**

*Uri Belkind, MD, MS, FAAP, AAHIVS, Chance Krempasky, FNP-BC, WHNP-BC, AAHIVS*

#### **Learning Objectives:**

1. Learners should develop a trans-sensitive and trans-relevant approach to eliciting a sexual health history and assessing contraceptive needs.
2. Learners should identify key differences between utilization and indication of specific LARC methods in young cis women and transgender/nonbinary identified patients.
3. Learners should compare best practices, potential challenges, and complications with LARC method use in cis women and transgender/nonbinary patients, particularly related to use of virilizing hormone therapy.

### *Studio 7/8*

#### **T5 – Money Matters: Practice Management for the MD**

*Scott Byington, BA, MHSA*

#### **Learning Objectives:**

1. Understand the basic models of the revenue cycle in a hospital environment.
2. Learn how to evaluate individual productivity and financial expectations
3. Develop tips/tools for improving your bottom line, either at an existing employer or a new one.

### *Studio 9*

#### **T6 – You Just Can’t Make This Stuff Up: Challenging Cases in Adolescent Reproductive Endocrine and Contraceptive Care**

*Amy DiVasta, MD, MSc, Lalita Haines, MD, Sarah Pitts, MD*

#### **Learning Objectives:**

1. To identify appropriate steps in the management of abnormal uterine bleeding that is not responding to usual medical care, including the role of surgical intervention.
2. To meet the needs of transgender patients as it pertains to their reproductive endocrine and contraceptive health.
3. To consider the bone health of adolescents while addressing their contraceptive and reproductive endocrine concerns.

### *St. Charles*

#### **T7 – Research Education Workshop: Working with Your IRB to Facilitate Research with Adolescents**

*Judith Navratil, MA, Lisa M. Ripper, MPH, CPH*

#### **Learning Objectives:**

1. Determine the level of IRB review (Exempt, Expedited, or Full Bard) required for a particular research study.
2. Recognize opportunities for requesting that the IRB waive the requirement for parental permission.
3. Develop a ‘tool kid’ to use when writing IRB submissions to justify waivers of parental permission by emphasizing adolescents’ strengths and best interests, not parental rights



**THURSDAY, APRIL 11, 2019** *(continued)***11:45 am –12:00 pm**  
*Studio Foyer***Break****12:00 pm – 1:00 pm**  
*Corondelet***Stump the Audience Luncheon****12:00 pm – 1:00 pm**  
*Bacchus***Research Mentorship Lunch** *(Closed)**41st Floor***Food for Thought Roundtable Luncheons****L1 – Shifting the Cultural Paradigm in Pediatric and Adolescent Gynecology – A Multicultural Best Practices Approach to Care***Christina Nicole Davis-Kankanamge, MD***Learning Objectives:**

1. To understand stages of mental and emotional development in young female patients requiring gynecologic exam.
2. To be familiar with current evidence-based practices employed by pediatric nursing and child-life support services.
3. To master age appropriate cooperative and distraction strategies and techniques that can be utilized during gynecologic physical exam.

**L2 – Transgender Decision Making Around Fertility Preservation***Sarah K. McQuillan, MD, FRCSC***Learning Objectives:**

1. Understanding how gender affirming hormones affect fertility.
2. Reviewing the options for fertility preservation prior to gender affirming hormone therapy.
3. How do the options for fertility preservation change following Gender Affirming Hormone Therapy.

**L3 - Quality Improvement: Adolescent Contraception***Katrina Nicandri, MD***Learning Objectives:**

1. Review evidence-based counseling for contraception in adolescents.
2. Review quality metrics for placement and removal of LARC devices.
3. Discuss implementation of same day contraception access: Birth control pills to LARC

**L4 – Creating a Safe Space: Applying a Trauma-informed Approach to the care of All Girls and Young Women***Heather Christine Millar, MD, MIPH, FRCSC, Anjali Aggarwal, MD, Ashley Vander Morris, MD, Sharon Lorber, MD***Learning Objectives:**

1. Understand the theoretical underpinnings and development of the Trauma-Informed Care approach, including the landmark Adverse Childhood Experiences study.
2. Review the applicability of this approach to the obstetric and gynecologic care of all girls and young women, with additional attention to specific at-risk populations.
3. Participate in case discussions designed to impart practical solutions to creating a trauma-informed practice.

**L5 – Keep Calm and Carry On: Recognizing and Reviewing the Management of Adolescent Depression and Anxiety for PAG Specialists***Hina Javid Talib, MD, Sofya Maslyanskaya, MD, Chanelle Coble-Sadaphal, MD, Risa Fridy, MD***Learning Objectives:**

1. Learner will be describe trends in adolescent anxiety and depression.
2. Learner will be able to list symptoms and diagnostic criteria of anxiety and depression in adolescents.
3. Learner will be able to describe and interpret three commonly used screening tools available to recognize anxiety and depression in adolescents.
4. Learner will be able to describe evidence-based therapies in the management of anxiety and depression in adolescents.

## **THURSDAY, APRIL 11, 2019** *(continued)*

### **L6 – Getting the Job Done Right: Tips for a Successful Job Search Process**

*Orquidia Torres, MD, MS*

#### **Learning Objectives:**

1. Identify ways to contact institutions about potential positions.
2. Analyze interview questions that relate to the potential position (i.e. clinician educator, researcher).
3. Assess opportunities to negotiate.

### **L7 – “Girls & Sex” Book Club**

*Janeen Arbuckle, MD, PhD, Erin Cook, MD*

#### **Learning Objectives:**

1. Better understand the sexual landscapes our adolescent patients navigate.
2. Develop strategies to improve discussion of sexuality with patients.
3. Improve discussion of sexual satisfaction with adolescent patients.

### **L8 – Now You See It, Now You Don’t! How to Counsel Patients about HPV and HSV Infection**

*Dominic Hollman, MD*

#### **Learning Objectives:**

1. Review approaches to patient counseling regarding testing for viral STI caused by human papilloma virus (HPV) and herpes simplex virus (HSV).
2. Discuss the unique aspects of patient counseling regarding positive diagnoses of HPV and HSV.
3. Discuss what responsibilities patient may/may not have to inform partner(s) of HPV and HSV diagnoses, and to prevent transmission of these viruses.

### **L9 – “All Grown Up” Transitioning Care from Teen to Adult Medical Home**

*Kim Hoover BS, MD, Megan Harrison, MD*

#### **Learning Objectives:**

1. Understand the 6 core elements for transition health care.
2. Tips for integrating these elements into your practice.
3. Tips for assessing patient’s satisfaction with transition of care.

### **L10 – Who Owns My Genetic Material? State by State Guide to Fertility Preservation for Trans, DSD and Beyond**

*Kathleen van Leeuwen, MD, FAAP, FACS, Amy Williamson, MD*

#### **Learning Objectives:**

1. Describe the different policies regarding state insurance coverage for fertility preservation and infertility treatment.
2. Understand the financial and legal obstacles when it comes to preservation of gonadal tissue.
3. Consider the factors that influence decision making for different patient populations.

### **L11 – PrEParing for PrEP: Introducing Pre-Exposure Prophylaxis to Prevent HIV in Your Practice**

*Carly E. Guss, MD, MPH, Jessica Addison, MD, MS*

#### **Learning Objectives:**

1. To define what is pre-exposure prophylaxis (PrEP) and its efficacy for preventing HIV.
2. To identify current Centers for Disease Control and Prevention (CDC) guidelines for who is eligible for PrEP and prescribing recommendations.
3. To apply CDC guidelines to case scenarios in clinical settings for patients at risk of acquiring HIV who are interested in this prevention strategy.

**THURSDAY, APRIL 11, 2019** *(continued)***L12 – Academic Promotion: How Do you Start Preparing Your CV and Clinical Educator Profile?***Laura A. Parks, MD***Learning Objectives:**

1. Participants will become familiar with the current trends in academic promotion.
2. Participants will learn how to determine when to apply for promotion and how to increase the chances of getting promoted.
3. Participants will learn to create a CV and CEP (Clinical Educator Profile) that will help with academic promotion.

**L13 – Make It Stop! Menstrual Management for Adolescents with Special Needs***Lisa Reebals, MA, MSN, APRN, Christina Stewart, LISW***Learning Objectives:**

1. Discuss indications and recommendations for menstrual suppression for adolescents and young women with special needs.
2. Review hormonal methods and regimens used for menstrual management/suppression including benefits, risks, and potential side effects, as well as highlighting educational materials available to assist in adolescents and caregivers in decision making.
3. Discuss hygiene products available for menstrual management.

**L14 – From Tide Pods to Heroin to Juuling and Everything In Between: What You Need to Know About Adolescent Substance Abuse***Ellen S. Rome, MD, MPH***Learning Objectives:**

1. Become familiar with the spectrum of substances used and abused by today's teens.
2. Be able to ask questions to elicit a useful history on a patient abusing any substances.
3. Recognize signs and symptoms and presentations of teens using various substances presenting in the office setting.

**L15 – The Real Sixteen and Pregnant: Examining Values about Adolescent Reproductive Health Decision Making***Shandhini Raidoo, MD, MPH, Mary Tschann, PhD, MPH***Learning Objectives:**

1. Identify their personal values and biases surrounding adolescent reproductive health decision-making.
2. Describe strategies to optimize adolescent reproductive autonomy in counseling about contraception and pregnancy options.
3. Utilize resources to implement values clarification training for other adolescent healthcare providers and staff.

**1:00 pm – 1:15 pm***Studio Foyer***Break****1:15 pm – 2:15 pm***Carondelet***Plenary Session II: Hot Topics: Anorexia Nervosa and its Impact on Bone Health***Debra Katzman, MD***Learning Objectives:**

1. Describe bone accrual and the important determinant of bone health during adolescence.
2. Summarize the pathophysiology underlying impaired bone metabolism in adolescents with anorexia nervosa.
3. Identify the potential therapeutic strategies to optimize bone health in adolescents with anorexia nervosa.

**THURSDAY, APRIL 11, 2019** *(continued)*

**2:15 pm – 3:15 pm**

*Carondelet*

**Scientific Paper Presentations**

**Moderators:** *Janeen Arbuckle, MD, PhD, Katherine E. Debiec, MD*

**2:15 pm**

**Birth Control Tales: Testing of Theory Based Contraception Educational Comics for Adolescents**

*Anam Khaja, MD*

**2:27 pm**

**Ovarian Tissue Cryopreservation is a Feasible and Safe Procedure in a Pediatric, Adolescent and Young Adult Population for Fertility Preservation Prior to Gonadotoxic Treatment**

*Tara Streich-Tilles, MD*

**2:39 pm**

**Pharmacy Access to Ulipristal Acetate in Small Cities throughout the United States**

*Nikki Kumura, MD*

**2:51 pm**

**Comparing the Vulvar, Perineal and Gut Microbiotas of Premenarcheal Girls With and Without Vulvar Lichen Sclerosus: A Pilot Case-Control Study**

*Angie Hamouie, MD*

**3:03 pm**

**Training Pediatric Residents in Transgender Health- Is Clinical Exposure Alone Enough?**

*Gina Sequeira, MD*

**3:15 pm – 4:00 pm**

*Studio Foyer*

**Poster Sessions (authors present) – Break – Exhibits**

**4:00 pm – 5:00 pm**

*Carondelet*

**Concurrent Workshops**

**T8 – Hidden in Plain View: Identification, Triage and Care of Sexually Exploited and Trafficked Teens**

*Wendi Ehrman, BS, MD*

**Learning Objectives:**

1. Be able to identify risk factors for sexual exploitation and trafficking in teens.
2. Be able to triage, identify and manage urgent and non-urgent medical needs.
3. Have an understanding of the resources and community collaborations necessary to assist in the ongoing management and follow up needs of sexually exploited and trafficked teens.

*Iberville*

**T9 – Advocacy in Action: Making your Voice Heard Beyond the Bedside**

*Anne-Marie Amies Oelschlager, MD, Rachel Kastl Casey, MD*

**Learning Objectives:**

1. Explore the meaning of advocacy as it pertains to a practitioner's daily work with patients, health care systems and legislature.
2. Discuss the breadth of advocacy ranging from local to national efforts.
3. Learn tangible ways to advocate for yourself, your patients and the healthcare community as a whole.

**THURSDAY, APRIL 11, 2019** *(continued)**Studio 2***T10 – Complex Pediatric Vulvar Conditions: Lessons from a Combined Dermatology-gynecology Clinic***Kylie G. Fowler, MD, MS, Kalyani Marathe, MD***Learning Objectives:**

1. Review methods to empower young children with a sense of bodily autonomy even during sensitive examinations.
2. Discuss presentation and treatment of common and complex pediatric vulvar disease.
3. Highlight current research and identify ongoing research needs regarding vulvar disease in pediatric patients.

*Studio 6***T11 – Classic and Emerging Adolescent Breast Disorders***Andrea Huneus, ObGyn MPH, Claudia Zajer, MD***Learning Objectives:**

1. Understand when and how to perform a breast examination in adolescents.
2. Perform up to date differential diagnosis of classic and emerging adolescent breast disorders such as secondary asymmetry, retroareolar cysts, macromastia, non-breast cancers, and juvenile fibroadenomas.
3. Know when and how to drain, aspire, use antibiotics, observe, biopsy, ultrasound, and excise. Apply current evidence on targeted breast cancer screening for adolescents and youth at risk.

*Studio 7/8***T12 – A Medical Primer on Abortion for the PAG Provider***Melissa Kottke, MD, MPH, MBA, Kathleen Morrell, MD, MPH***Learning Objectives:**

1. Understand the legal landscape surrounding abortion care.
2. Use medically accurate language and patient-centered messaging when discussing abortion.
3. Know the numbers: who, when, and how many.
4. Discuss different methods of abortions and abortion safety.
5. Describe the impact of policy (particularly those that relate to young people) on clinical practice.

*Studio 9***T13 – When Enthusiasm Becomes Coercion: Applying Principles of Reproductive Justice when Providing Contraceptive Counseling to Adolescents***Kristina Kaljo, MD, Seema Menon, MD***Learning Objectives:**

1. Understand contraceptive practices that have led to the reproductive justice movement and present common clinical scenarios in the adolescent gynecology field that are high risk for coercive contraception practices.
2. Practice motivational interviewing techniques during an interactive session to reduce the chance of coercive practices
3. Develop an educational model that incorporates reproductive justice training for residents, medical student, and advanced practice nurse practitioners during an interactive session.

*St. Charles***T14 – Navigating Challenges in Hormone Replacement Therapy: A Case-Based Presentation***Leslie Coker Appiah, MD, Briana Patterson, MD, MSCR***Learning Objectives:**

1. Identify causes of delayed puberty, arrested puberty, and premature ovarian failure in adolescents.
2. Manage hormone replacement therapy (HRT) in adolescent girls who cannot initiate spontaneous puberty without medical intervention— from Tanner Stage 1 to Tanner Stage 5, including troubling shooting problematic menstrual bleeding in adolescents dependent on HRT for sex steroids.
3. Articulate the impact of puberty on linear growth, including the use of skeletal age and the role of growth promoting therapies used in conjunction with HRT for induction of puberty in order to formulate appropriate HRT strategies in girls with impaired statural growth.

## THURSDAY, APRIL 11, 2019 *(continued)*

**5:00 pm – 5:30 pm**                      **New Members Reception** *(by invitation only)*  
*Studio Foyer*

**5:30 pm – 7:00 pm**                      **Welcome Reception - Wine and Cheese**  
*Studio Foyer*

## FRIDAY, APRIL 12, 2019

**6:30 am – 5:00 pm**                      **Registration**  
*Preservation Booth*

**6:45 am – 7:45 am**                      **Exercise Program**  
*Regent*

**7:00 am – 8:00 am**                      **Committee Meetings** *(Closed to Committee Members Only)*  
*Studio 1*                                      **Liaison Committee**  
*Bacchus*                                      **Advocacy Committee**  
*Audubon*                                      **Research Committee**  
*Studio 10*                                      **Resident Education Committee**  
*Beauregard*                                      **Fellows Research Consortium**

**7:00 am – 8:00 am**                      **Continental Breakfast – Exhibits**  
*Studio Foyer*

**8:00 am – 9:00 am**                      **Plenary Session III: The S. Jean Emans, MD and Joseph F. Russo, MD**  
*Carondelet*                                      **Lectureship**  
   **Youth Suicide Prevention: Everybody's Business**  
   *Hatim Omar, MD*

### Learning Objectives:

1. Adolescent development issues as relates to suicide
2. Epidemiology of youth suicide
3. Contributing factors and prevention strategies for youth suicide

**9:00 am – 10:00 am**                      **Plenary Session IV: The Sir John Dewhurst Lectureship**  
*Carondelet*                                      **Shared Decision-Making for Vaginoplasty**  
   *Elizabeth B. Yerkes, MD*

### Learning Objectives:

1. Appreciate how psychosocial development of adolescents, teens and young adults impacts decision-making for timing of vaginoplasty and oversight of perioperative care.
2. Recognize the unique considerations in obstructed anomalies versus vaginal agenesis or insufficiency of vaginal caliber.
3. Effectively counsel patients and families on expectations for post-care of vaginoplasty and its impact on longterm results.

**10:00 am – 11:30 am**                      **Scientific Paper Presentations**  
*Carondelet*                                      **Moderators:** *Janeen Arbuckle, MD, PhD, Katherine E. Debiec, MD*

**10:00 am**                                      **A Clinic Based Survey of Urban Youth Knowledge of PrEP Use for HIV**  
   **Prevention**  
   *Kyzwana Caves, MD*

**FRIDAY, APRIL 12, 2019** *(continued)*

- 10:12 am** **Sonographic Predictors of Ovarian Torsion in Premenarchal Girls**  
*Jenny George, MD*
- 10:24 am** **Implant Continuation in Adolescents with Bothersome Bleeding with and without an Intervention**  
*Sarah Green, MD*
- 10:36 am** **Biological Simulation Model for Ovarian Cystectomy**  
*Saifuddin Mama, MD*
- 11:30 am – 11:45 am** **Break – Posters – Exhibits**  
*Studio Foyer*
- 11:45 am – 12:45 pm** **Concurrent Workshops**

*Carondelet***F1 – When Was Your Last Menstrual Period? Eating Disorders and Reproductive Health for the Pediatric and Adolescent Gynecology Provider***Debra Braun-Courville, MD, Mary Elizabeth Romano, MD, MPH***Learning Objectives:**

1. Review the updated criteria and nomenclature for Eating Disorders including atypical Anorexia Nervosa (AN) and Relative Energy Deficiency in Sports (RED-S).
2. Outline an algorithm for evaluation and treatment/referral for adolescent and young adult women with an eating disorder.
3. Understand the reproductive health implications for patients with a history of/active eating disorder, including sexual dysfunction, amenorrhea, the role of hormonal contraception and pregnancy planning.

*Iberville***F2 – Creating a Pediatric and Adolescent Gynecology Service Line***Serena Chan, MD, Laura Hollenbach, MD, Carolyn Sheehan, Nancy Sokkary, MD***Learning Objectives:**

1. Review Toolkit and resources for establishing a PAG clinic.
2. Discuss ideas for advertising and creating a business plan for your practice.
3. Discuss ways to establish relationships with collaborators and referring providers.
4. Review clinic setup from nursing perspective.

*Studio 2***F3 – Shared Decision Making for DSD patients: Giving Patients and Families the Tools and Time They Need***Kathleen van Leeuwen, MD, FACS, FAAP***Learning Objectives:**

1. Providers will be equipped to evaluate the level of true understanding a patient or family has for these complex decisions.
2. The providers will also be able to address the values of the caregivers and the readiness for decision making.
3. They will be able to address the controversies in care and even look to the future in guiding their patients.

*Studio 6***F4 – Water Over the Bridge: The Complex Relationship Between Urinary and Defecatory Disorders and Pelvic Pain in Adolescent Girls***Alla Vash-Margita, MD, Marsha Guess, MD*

**FRIDAY, APRIL 12, 2019** *(continued)*

**Learning Objectives:**

1. Understand neurological and physiological mechanisms and functional behaviors that contribute to the development of coexisting pelvic floor disorders including urinary incontinence, defecatory disorders, pelvic and perineal pain in children and adolescent girls.
2. Master time-efficient and effective history-taking and physical exam that reduce anxiety and fear.
3. Provide comprehensive treatment strategies for managing complex pelvic floor disorders including urinary incontinence, defecatory disorders, pelvic and perineal pain.

*Studio 7/8*

**F5 – Metformin in Minors Miracle, Mystery or Mistake?**

*Pamela J. Murray, MD*

**Learning objectives:**

1. Review approved uses of metformin in minors.
2. Review literature about novel uses of metformin including metabolic syndrome components.
3. Weight loss/prevention of weight gain.
4. Treatment of acanthosis nigricans, cancer treatment and prevention.
5. Review suggestions and guidance for off label use.

*Studio 9*

**F6 – “Uh oh, I don’t Think That is a Menstrual Cycle”: Managing Pre-pubertal Bleeding”**

*Jennifer Bercau-Pratt, MD*

**Learning Objectives:**

1. List the differential diagnosis for pre-pubertal vaginal bleeding.
2. Evaluate the patient with pre-pubertal vaginal bleeding.
3. Discuss treatment options for different causes of pre-pubertal vaginal bleeding.

*St. Charles*

**F7 – A Practical Approach to Common PAG Emergencies: Ovarian Torsion, Acute Bleeding, and Straddle Injuries**

*Carol King, MD, FRCSC, Sari Kives, MD*

**Learning Objectives:**

1. Review the clinical presentation and diagnosis of ovarian torsion, acute bleeding, and straddle injuries in the pediatric population.
2. Develop a practical approach to the medical and/or surgical management of these PAG emergencies.
3. Review surgical strategies to reduce the recurrence of ovarian torsion in the pediatric and adolescent population.

*Salon F/G*

**F8 – Pediatric and Adolescent Gynecology & Surgery in Low Resource Settings: Strategies for Success**

*Olujemisi Adeyemi-Fowode, MD, Saifuddin T. Mama, MD, MPH*

**Learning Objectives:**

1. Description and discussion of pre-departure elements necessary for successful pediatric and adolescent gynecologic care and surgeries in low resource settings.
2. Participants will understand how to evaluate patients medically and prior to surgery using case vignettes.
3. Participants will understand how to adapt medical & surgical strategies and avoid pitfalls in low resource settings.

**12:45 pm – 1:00 pm**

*Studio Foyer*

**Break – Posters – Exhibits**

**1:00 pm – 2:00 pm**

*Carondelet*

**Merck Product Theater**



**FRIDAY, APRIL 12, 2019** *(continued)***1:00 pm – 2:00 pm**  
*Bacchus***2020 ACRM Program Committee Meeting and Luncheon** *(Closed)***Past President's Luncheon** *(Closed)*  
*Studio 10**Iberville*  
*Studio 2*  
*Studio 6*  
*Studio 7/8*  
*Studio 9*  
*St. Charles*  
*Audubon***SIG Meetings:** *(Open to All Attendees)*  
**Clinicians Caring for Adolescents with Disabilities**  
**Contraception**  
**Disorders of Sexual Development**  
**Fertility Preservation**  
**Nursing**  
**Pediatric & Adolescent Obesity**  
**Physicians-in-Training****2:00 pm – 3:00 pm**  
*Carondelet***Plenary Session V: The Alvin Goldfarb Lectureship:**  
**Hormone Replacement Therapy in the Adolescent Female: What do we Really Know?**  
*Marcelle Cedars, MD***3:00 pm – 3:15 pm**  
*Studio Foyer***Break – Posters – Exhibits****3:15 pm – 4:00 pm**  
*Studio 3-5, Studio Foyer***Poster Sessions (authors present) – Break – Exhibits****PLEASE NOTE:** The Clinical Training Sessions listed below are neither accredited sessions, nor part of the MedStar accredited event**4:30 pm – 6:00 pm**  
*Carondelet***Sponsored Workshops****Medical and Surgical Management of Endometriosis**  
**Industry Support: Olympus Corporation of the Americas and Stryker**  
*Stacey Scheib, MD***Learning Objectives:**

1. Discuss the etiology, diagnosis, and medical and surgical management (excision, versus fulguration versus CO2 laser ablation) of endometriosis in adolescents.
2. Demonstrate laparoscopic skills by rotating through laparoscopy stations that review the surgical treatment options for endometriosis.

*Iberville***Advanced Laparoscopy Workshop****Industry Support: Olympus Corporation of the Americas, Ethicon, and Stryker**  
*Saifuddin Mama, MD***Learning Objectives:**

1. Discuss the surgical indications, techniques and management of pelvic organ disorders
2. Demonstrate laparoscopic skills during simulations of laparoscopic surgeries

## FRIDAY, APRIL 12, 2019 *(continued)*

### Studio 2

#### **Diagnosing and Managing Vulvar Pain: Vulvoscopy and Pelvic Floor Assessment**

**Industry Support: Cooper Surgical**

*Judith Hersch, MD and Judith Simms-Cendan, MD*

#### **Learning Objectives:**

1. Diagnose and manage non-infectious vulvar pain.
2. Take a directed history in patients presenting with vulvar pain.
3. Perform vulvoscopy and assess the pelvic floor musculature.

### Studio 10

#### **Sexual Abuse and Forensic Imaging Workshop**

**Industry Support: Apollo Imaging, Cooper Surgical**

*Marcella Donaruma-Kwoh, MD and Norell Rosado, MD*

#### **Learning Objectives:**

1. Describe the importance of good photo documentation in sexual abuse cases
2. Discuss techniques to capture quality images
3. Recognize relevant vulvar and vaginal pathology by reviewing images
4. Discuss appropriate documentation and storage of images in the context of patient confidentiality

### Studio 7/8

#### **Intrauterine Device Insertion and Management of Complications Workshop**

**Industry Support: Cooper Surgical, Bayer, LinaMed, Medicines360 (equipment only)**

*Krishna White, MD and Nichole Tyson, MD*

#### **Learning Objectives:**

1. Determine the indications and contraindications to intrauterine devices.
2. Describe techniques to advise patients on the risks and benefits of IUDs.
3. Perform IUD insertion and removal techniques, utilizing pelvic models and a virtual simulator that mimic the natural sensation of cervical penetration and uterine sounding.
4. Demonstrate the evaluation of lost IUDs utilizing the OperaScope device



## FRIDAY, APRIL 12, 2019 *(continued)*

*Studio 6*

### **Mullerian and Vaginal Anomalies**

**Industry Support: Syracuse Medical** *(equipment only)*

*Lesley Breech, MD, Amy Vallerie, MD and Kathy Helton, MD*

#### **Learning Objectives:**

1. Describe the presentation, evaluation, and management (surgical and non-surgical) of non-obstructive and obstructive Mullerian anomalies.
2. Discuss the role of various imaging techniques in the diagnosis of anomalies
3. Determine the anomaly diagnosis based on imaging and/or surgical findings

*Studio 9*

### **Ultrasound in the Adolescent Population**

**Industry Support: General Electric, Medaphor** *(equipment only)*

*Lisa Bernhard, MD and Caroline Juneau, MD*

#### **Learning Objectives:**

1. Ensure that each participant gets equal time with hands-on experience with the phantom and the simulator
2. Assist ultrasound applications specialists as needed in teaching “knobology” and how to obtain good images
3. Ideally be able to manipulate 3D images to obtain good coronal views --- if not able to do this, provide clinical relevance as the applications specialist manipulates the volume set
4. Assist participants in “finding the ovaries and uterus” on the phantom or simulator
5. Review elements that should be documented on gyn ultrasound exams and assist participants in obtaining these images
6. Review sonographic features of gyn pathology as seen on the simulator

*St Charles*

### **Caring for Transgender Youth with Bleeding Disorders**

**Industry Support: Foundation for Women and Girls with Bleeding Disorders**

*Nancy Sokkary, MD*

#### **Learning Objectives:**

1. Define and discuss the unique needs and challenges surrounding transgender youth who have blood disorders and present for medical treatment and treatment which would impair their fertility
2. Describe effective medical and treatment strategies with transgender youth with blood disorders
3. Describe how the interdisciplinary team of hematology and pediatric/adolescent gynecology can work together in the care of transgender youth with blood disorders

**4:30 - 6:30 pm**

*Salon F/G*

### **Nexplanon Insertion Workshop**

**Industry Support: Merck**

*Heather Lewarchick, MD and Wendy Jackson, MD*

#### **Learning Objectives:**

1. Describe the indications and contraindications to contraceptive implants.
2. Discuss techniques to advise patients on the risks and benefits of implants.
3. Demonstrate, during one-on one training with the use of models, Nexplanon insertion and removal techniques.

**6:00 pm – 7:00 pm**

**Development Committee Meeting**

*Studio 1*

## SATURDAY, APRIL 13, 2019

**6:30 am – 12:30 pm**  
*Preservation Booth*

**Registration**

**7:00 am – 7:30 am**  
*Studio Foyer*

**Continental Breakfast**

**7:30 am – 8:00 am**  
*Carondelet*

**Business Meeting**

**8:00 am – 9:00 am**  
*Carondelet*

**Plenary Session VI: International Plenary:  
Disparities in Adolescent Reproductive Health and Contraception Access**  
*Patricia Moore, MD*  
*Aletha Akers, MD, MPH*

**9:00 am – 10:00 am**  
*Carondelet*

**Plenary Session VII: The Elsevier Lectureship:  
Reproductive Health in Transplant Medicine**  
*Veronica Gomez-Lobo, MD*

### Learning Objectives:

1. To become aware that female transplant recipients have unique gynecologic issues.
2. Learn about implications of menstrual changes in transplant recipients.
3. Learn about Gyn cancer screening and risk in transplant recipients.

**10:00 am – 10:15 am**  
*Studio Foyer*

**Break - Posters – Exhibits**



## Faculty Disclosures

Disclosure of Financial Relationships with any Commercial Interest.

As a provider accredited by the ACCME, it is the policy of MedStar Georgetown University Hospital to require that everyone who is in a position to control the content of an educational activity disclose all relevant financial relationships with any commercial interest prior to the educational activity.

The ACCME considers relationships of the person involved in the CME activity to include financial relationships of a spouse or partner. Any individual who refuses to disclose relevant financial relationships will be disqualified from participating in the CME activity. For an individual with no relevant financial relationship(s), the participants must be informed that no conflicts of interest or financial relationships exist.

**Jessica Addison MD, MS:** Dr. Addison has nothing to disclose.

**Oluyemisi Adeyemi-Fowode, MD:** Dr. Adeyemi-Fowode has nothing to disclose.

**Anjali Aggarwal, MD, FRCSC, MHSc (Bioethics):** Dr. Aggarwal has nothing to disclose.

**Aletha Akers, MD, MPH:** Dr. Akers received consulting fees from Merck HPV advisory board, contracted research fees funded by Bayer Healthcare, and speaker fees from Physicians for Reproductive Health.

**Anne-Marie Amies Oelschlager, MD:** Dr. Amies Oelschlager received funds as an up to date reviewer.

**Leslie Coker Appiah, MD, FACOG:** Dr. Appiah has nothing to disclose.

**Janeen Arbuckle, MD, PhD:** Dr. Arbuckle received contracted research funds from Bayer.

**Uri Belkind, MD, MS, FAAP, AAHIVS:** Dr. Belkind has nothing to disclose.

**Jennifer Bercaw-Pratt, MD:** Dr. Bercaw-Pratt has nothing to disclose.

**Andrea Bonny, MD:** Dr. Bonny has nothing to disclose.

**Debra Braun-Courville, MD:** Dr. Braun-Courville has nothing to disclose.

**Scott Byington, BA, MHSA:** Dr. Byington has nothing to disclose.

**Rachel Kastl Casey, MD:** Dr. Casey has nothing to disclose.

**Marcelle Cedars, MD:** No form received.

**Serena Chan, MD:** Dr. Chan has nothing to disclose.

**Chanelle Coble-Sadaphal, MD:** Dr. Coble-Sadaphal has nothing to disclose.

**Erin Cook, MD:** Dr. Cook has nothing to disclose.

**Christina Davis-Kankanamge, MD:** No form received.

**Amy DiVasta, MD, MSc:** Dr. DiVasta has nothing to disclose.

**Wendi Ehrman, BS, MD:** Dr. Ehrman has received funds as a member of an HMO Q1 committee.

**Erica A. Eugster, MD:** Dr. Eugster has received contracted research funds.

**Kylie G. Fowler, MD, MS:** Dr. Fowler has nothing to disclose.

**Risa Fridy, MD:** Dr. Fridy has nothing to disclose.

**Emily M. Godfrey, MD, MPH, FAAFP:** Dr. Godfrey has received contracted research funds from Bayer Pharmaceuticals, Teva Women's Health, and Merck Pharmaceuticals.

**Veronica Gomez-Lobo, MD:** Dr. Gomez-Lobo has nothing to disclose.

**Marsha Guess, MD:** Dr. Guess has nothing to disclose.

**Carly E. Guss, MD, MPH:** Dr. Guss has nothing to disclose.

**Lalita Haines, MD:** Dr. Haines has nothing to disclose.

**Megan Harrison, MD:** Dr. Harrison has nothing to disclose.

**Lisa Hofler, MD, MPH, MBA:** Dr. Hofler has nothing to disclose.

**Laura Hollenbach, MD:** Dr. Hollenbach has received non-CME consulting fees from Coloplast Consultants and owns stock in Allergan.

**Dominic Hollman, MD:** Dr. Hollman has nothing to disclose.

**Kim Hoover, BS, MD:** Dr. Hoover has nothing to disclose.

**Andrea Huneeus, MPH:** Dr. Huneeus has nothing to disclose.

**Kristina Kaljo, MD:** Dr. Kaljo has nothing to disclose.

**Debra Katzman, MD:** Dr. Katzman has nothing to disclose.

## Faculty Disclosures *(continued)*

**Carol King, MD, FRCSC:** Dr. King has nothing to disclose.

**Sari Kives, MD:** Dr. Kives has nothing to disclose.

**Melissa Kottke, MD, MPH, MBA:** Dr. Kottke has nothing to disclose.

**Chance Krempasky, FNP-BC, WHNP-BC, AAHIVS:** Dr. Krempasky has nothing to disclose.

**Judith Lendell Navratil, MA, CIP:** Dr. Navratil has nothing to disclose.

**Sharon Lorber, MD:** Dr. Lorber has nothing to disclose.

**Saifuddin T. Mama, MD, MPH:** Dr. Mama has nothing to disclose.

**Kalyani Marathe, MD:** No form received.

**Sofya Maslyanskaya, MD:** Dr. Maslyanskaya has nothing to disclose.

**Sarah K. McQuillan, MD, FRCSC:** Dr. McQuillan has nothing to disclose.

**Seema Menon, MD:** Dr. Menon has nothing to disclose.

**Heather Christine Millar, MD, MIPH, FRCSC:** Dr. Millar has nothing to disclose.

**Peter C. Minneci, MD, MHSc:** Dr. Minneci has nothing to disclose.

**Patricia Moore:** No form received.

**Kathleen Morrell, MD, MPH:** Dr. Morrell received non-CME consulting fees from Merck as a Nexplanon trainer and is a consultant for Mylan Pharmaceuticals.

**Pamela J. Murray, MD:** Dr. Murray received honorarium fees from Highmark Foundation for presenting talk on HPV and assisting with an article in foundation annual report.

**Katrina Nicandri, MD:** Dr. Nicandri has nothing to disclose.

**Hatim Omar, MD:** Dr. Omar has nothing to disclose.

**Laura A. Parks, MD:** Dr. Parks has nothing to disclose.

**Briana Patterson, MD, MSCR:** Dr. Patterson has nothing to disclose.

**Sarah Pitts, MD:** Dr. Pitts has nothing to disclose.

**Shandhini Raidoo, MD, MPH:** Dr. Raidoo has nothing to disclose.

**Lisa Reebals, MA, MSN, APRN:** Dr. Reebals has nothing to disclose.

**Lisa M. Ripper, MPH, CPH, UPMC :** No form received.

**Mary Elizabeth Romano, MD, MPH:** Dr. Romano has nothing to disclose.

**Ellen S. Rome, MD, MPH:** Dr. Rome has nothing to disclose.

**Carolyn Sheehan:** Sheehan has nothing to disclose.

**Nancy Sokkary, MD:** Dr. Sokkary has nothing to disclose.

**Christina Stewart, LISW:** Ms. Stewart has nothing to disclose.

**Hina Javid Talib, MD:** Dr. Talib has nothing to disclose.

**Nicole Todd, MD, FRCSC:** Dr. Todd has received honorarium funds as a speaker for Bayer.

**Orquidia Torres, MD, MS:** Dr. Torres has nothing to disclose.

**Amber I. Truehart, MD, MSc:** Dr. Truehart has nothing to disclose.

**Mary Tschann, PhD, MPH:** Dr. Tschann has nothing to disclose.

**Kathleen van Leeuwen, MD, FACS, FAAP:** Dr. van Leeuwen has nothing to disclose.

**Ashley Vandermorris, MD:** Dr. Vandermorris has nothing to disclose.

**Alla Vash-Margita, MD:** Dr. Vash-Margita has nothing to disclose.

**Amy Williamson, MD:** Dr. Williamson has nothing to disclose.

**Selma Witchel, MD:** Dr. Witchel has nothing to disclose.

**Elizabeth B. Yerkes, MD:** Form not received.

**Claudia Zajer, MD:** Dr. Zajer has nothing to disclose.

## Posters

ODD numbered posters will be presented on Thursday, EVEN numbered posters will be presented on Friday.

**1**

*Abusive Behavior Silently Increases Low Self-esteem and Depression in Teenage Pregnancy Patients: A Mexican Cohort*

**Andrea Jimenez, MD**

**2**

*A Research Agenda for Mayer-Rokitansky-Küster-Hauser Syndrome*

**Amy Lossie, PhD**

**3**

*Are we trauma-informed? Evaluating the Healthcare Experience of Pregnant and Parenting Adolescents in the Context of Childhood Trauma*

**Heather Millar, MD, MPH**

**4**

*Embryonal Rhabdomyosarcoma of Uterine Corpus in a Prepubertal Girl as a Manifestation of The Dicer1 Syndrome*

**Ozlem dural, MD**

**5**

*Treatment and Outcomes in Girls with Rhabdomyosarcoma of the Genitourinary Tract in the Fellows Research Consortium*

**Maggie Dwiggin, MD**

**6**

*Ovarian Mass with Negative Biomarkers in a Young Patient*

**Mariah Humphrey**

**7**

*Complications of Ovarian Tissue Cryopreservation in Adolescent Patients Undergoing Bone Marrow Transplant*

**Lan Anh Galloway, MS**

**8**

*Specialties Involved in the Management of Girls with Genitourinary Rhabdomyosarcoma (RMS) Through the NASPAG Fellows Research Consortium (FRC)*

**Jacqueline Kruglyakova, MS**

**9**

*Cervical Cancer in an Adolescent with HIV: A Case Report*

**Ashli Lawson, MD**

**10**

*Vaginal Yolk Sac Tumor: A Case Series and Review of the Literature*

**Allison Mayhew, MD**

**11**

*Addressing Fertility Preservation in Female Pediatric Oncology Patients: A Quality Improvement Study in Calgary AB Canada*

**Christine Osborne, MD**

**12**

*Comparison of Retrieved Ovarian Tissue and Oocytes from Pre-pubertal and Post-pubertal Patients Undergoing Ovarian Tissue Cryopreservation*

**Shashwati Pradhan, MD**

**13**

*Prevention of Recurrent Mucinous Borderline Ovarian Tumor with Aromatase Inhibitor*

**Kathryn Stambough, MD**

**14**

*Ovarian Mass in a Patient with Li Fraumeni Syndrome: A Case Report*

**Kathryn Stambough, MD**

**15**

*Adolescents vs Adults; The Choice in Postpartum Contraception*

**Irasema Apodaca-Ramos, MD**

**16**

*Improving Adolescent Access to Contraception Via Physician Training*

**Leticia Diaz, MD**

**17**

*Factors Associated with Early Removal of the Etonogestrel Implant for Bothersome Bleeding in Adolescents*

**Sarah Green, MD**

**18**

*Reproductive Health Counseling and Contraceptive Use in Adolescent Females With Cystic Fibrosis*

**Angela Marie Hernandez, MD**

**19**

*A Comparative Analysis of Long-Acting Reversible Contraception Use among HIV Positive and HIV Negative Adolescents and Women*

**Samantha Hill, MD**

**20**

*Early Discontinuation of Long Acting Reversible Contraceptives and Follow-Up Care Seeking Behavior Among Adolescent Women*

**Amanda Jones**

## Posters (continued)

- 21**  
*Sexual Health and Contraceptive Awareness in Pregnant Mexican Teenagers: The Patient's Perspective*  
**Andrea Jimenez, MD**
- 22**  
*Why do doctors object? Conscientious Objection in Reproductive Medicine*  
**Kacie Kidd, MD**
- 23**  
*Safety and Outcomes of Intrauterine Device Utilization in Adolescents with Cognitive Delays*  
**Amy Lawrence, MD**
- 24**  
*Contraceptive Use Among Adolescent Female Metabolic and Bariatric Surgery Patients*  
**Kate McCracken, MD**
- 25**  
*Effect of Prior Adverse Reproductive Health outcome on Adolescent Women's Engagement in a Health Coaching Intervention to Improve Contraceptive Continuation*  
**Danielle Petsis**
- 26**  
*Impact of Sociocultural Norms on Sexual Behavior and Contraceptive Practices among Adolescents and Young People*  
**Shandhini Raidoo, MD, MPH**
- 27**  
*Knowledge and Attitudes Towards Contraceptives Among Adolescents and Young Adults*  
**Aanchal Sharma, MD, MPH**
- 28**  
*Acceptance of Expedited Partner Therapy Among Adolescents in an Urban Reproductive Health Clinic*  
**Jessica Shim, MD**
- 29**  
*A Qualitative Exploration of Factors Influencing Young Women's Decision to Initiate an Intrauterine Device*  
**Ava Skolnik, MPH**
- 30**  
*The Impact of an Adolescent Gynecology Provider on Intrauterine Device and Implant Use Among Adolescent Patients*  
**Jennie Yoost, MD**
- 31**  
*T Shaped Vaginal Septum: An Unusual Case*  
**Maria Jose Canessa**
- 32**  
*An Underdeveloped Structure with Fully-matured Learning Points: A Case of a Rudimentary Horn Pregnancy*  
**Stephanie Cizek, MD**
- 33**  
*Management of Gonadal Cysts in Patients Without Gonadectomy in Complete Androgen Insensitivity Syndrome*  
**Ariel Cohen, MD**
- 34**  
*Concurrent Evaluation for Congenital Reproductive & Urinary Tract Anomalies in Girls*  
**Amitha Ganti, MD**
- 35**  
*Case Series of Hormone Abnormalities in Term and Preterm Infants with Ambiguous Genitalia Not Diagnosed with a Disorder of Sexual Differentiation*  
**Angie Hamouie, MD, MPH**
- 36**  
*Segmental Agenesis of the Fallopian Tube: A Case Series*  
*Accept-Poster*  
**Katherine Hayes, MD**
- 37**  
*The Impact of the 2006 Consensus Statement on Medical Discourse on Differences of Sex Development (DSD)*  
**Tess Jewell, BA**
- 38**  
*Poor Tissue Yield in Turner Syndrome Patients Undergoing Ovarian Tissue Cryopreservation*  
**Tara Streich-Tilles, MD, MPH**
- 39**  
*Cervical Agenesis with the Presence of a Normal Vagina*  
**Renita Kim, MD, MPH**
- 40**  
*Three Cases of Undiagnosed Ohvira Presenting in Adulthood with Chronic Spotting*  
**Robin Richards, MD**
- 41**  
*Fertility Preservation in Disorders/Differences of Sex Development*  
**Erica Weidler, MEd**



## Posters (continued)

- 42  
*Incidence of Genetic Abnormality in the Presentation of Female Inguinal Hernia*  
**Kathryn Stambough, MD**
- 43  
*How to Teach: A Pilot Program for Adolescent Medicine Fellows at the University of Colorado*  
**Paritosh Kaul, MD**
- 44  
*Adolescent Pregnancy and School grade: Higher Level Than My Mother but Good Enough? A Cross Sectional Study in Mexico*  
**Grecia Villa Cruz, MD**
- 45  
*Impact of Pubertal Maturation and Chronologic Age on Sex Steroids in Peripubertal Girls*  
**Frank Biro, MD**
- 46  
*Prevalence of Sexual Minorities Among Adolescents Evaluated for Polycystic Ovary Syndrome*  
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**Nivedita Umasankar, MD**





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## Plenary Speakers

### The Sir John Dewhurst Lectureship

**1994**

*The History of Reconstructive Surgery in the Pediatric and Adolescent Gynecology Patient*

**Howard W. Jones, Jr., MD**

**1995**

*New Thoughts: Congenital Cervical Dysgenesis*

**John A. Rock, MD**

**1996**

*Adolescent Sexual Behavior: Its Impact on Reproductive Health*

**Alvin F. Goldfarb, MD**

**1997**

*GYN Surgery in Children*

**Donald P. Goldstein, MD**

**1998**

*Evaluation and Management of Ambiguous Genitalia*

**W. Hardy Hendren, III, MD**

**1999**

*Fallopian Tube and Reproductive Health*

**Luigi Mastroianni, Jr., MD**

**2000**

*Plastic Surgery for the Teenage Patient*

**Mary H. McGrath, MD, MPH**

**2001**

*Pediatric and Adolescent Gynecologic Disorders and Future Fertility*

**J.E.H. Spence, MD**

**2002**

*Pediatric and Adolescent Gynecologic – The United Kingdom Experience*

**Keith Edmonds, MD**

**2003**

*The Application of Evidence Based Medicine to the Prescribing of Oral Contraceptives*

**David A. Grimes, MD**

**2004**

*Current Status of Intersex Disorders*

**Justine M. Schober, MD**

**2005**

*Achieving Equal Rights and Opportunities in the World for Women*

**Patricia E. Mitchell, President and CEO, Public Broadcasting Service**

**2006**

*Irresistible Drives and Immovable Demands: Adolescence in the Twenty-First Century*

**Malcolm Potts, MB, BChir, PhD, FRCOG**

**2007**

*The Changing Face of Polycystic Ovary Syndrome*

**Ricardo Azziz, MD, MPH, MBA**

**2008**

*Update in Cytology in Adolescents*

**Anna-Barbara Moscicki, MD**

**2009**

*Obesity in Adolescent Girls*

**Mary L. Brandt, MD**

**2010**

*Preventing Obesity AND Eating Disorders in Adolescents: What Should Health Care Providers Know and Do?*

**Diane Neumark-Sztainer, PhD, MPH, RD**

**2011**

*I Can Tell You Because You're a Doctor: Understanding and Responding to Child Sexual Abuse*

**Martin A. Finkel, DO, FACOP, FAAP**

**2012**

*Elective Plastic Surgical Procedures in Adolescence*

**Mary H. McGrath, MD MPH**

**2013**

*What Digital Footprints Tell Us About Teen's Health*

**Bobbie Eisenstock, PhD**

**2014**

*Promotion of Positive Youth Development: The Project P.A.T.H.S. in Hong Kong*

**Daniel Shek, PhD, FHKPS, BBS, SBS, JP**

**2015**

*Cosmetic Labioplasty*

**Paul L. Wood, MD, FRCOG**

**2016**

*Vaginoplasty: Buccal Grafts – What is their Role*

**Linda Baker, MD**

## Plenary Speakers *(continued)*

2017

*Surgical Options for Male to Female and Female to Male Transgender Patients*

**Thomas Satterwhite, MD**

2018

*Machines and Intelligence: Changing Paradigms in Medicine*

**Peter Kim, MD, CM, PhD**

2019

*Shared Decision-Making for Vaginoplasty*

**Elizabeth B. Yerkes, MD**

### **The Alvin F. Goldfarb, MD Lecture**

1994

*Ovarian Function in Survivors of Childhood Cancer*

**Charles A. Sklar, MD**

1995

*Adolescent Pregnancy and Birth Trends in the United States*

**Wendy H. Baldwin, MD**

1996

*Adolescent Pregnancy and Contraception*

**David A. Grimes, MD**

1997

*Teen Pregnancy and Young Issues*

**Henry W. Foster, MD**

1998

*AIDS and Adolescents in the New Millennium*

**Sten H. Vermund, MD, PhD**

1999

*Ethics in Contemporary Medicine and Society*

**Kenneth J. Ryan, MD**

2000

*Adolescent Contraception in the New Millennium*

**Philip D. Darney, MD, M.Sc**

2001

*Don Quixote, Machiavelli, Robin Hood, and the History of Contraception from Ancient Times to the Second Millennium and Beyond*

**Robert A. Hatcher, MD**

2002

*Adolescent Sexual Health*

**Dan L. Apter, MD, PhD**

2003

*Reaching Teenagers: Recognizing Risk, But Building on Strength*

**Kenneth R. Ginsburg, MD, MS Ed**

2004

*Sex, Sex, and More Sex: American Media & Its Impact on Teenagers*

**Victor C. Strasburger, MD**

2005

*Early Puberty in Girls: What's All the Fuss About?*

**Paul B. Kaplowitz, MD, PhD**

2006

*Human Papillomavirus and the Adolescent: What We Know, What We Can Do*

**Anna-Barbara Moscicki, MD**

2007

*STI Treatment Update*

**Kimberly A. Workowski, MD, FACP**

2008

*Recognition of Sexual Abuse: A New Field or Late Beginning*

**John McCann, MD**

2009

*Primary Ovarian Insufficiency: Mechanisms and Management*

**Lawrence M. Nelson, MD, MBA**

2010

*Youth Internet Victimization: Myths and Truths*

**Michele Ybarra, MPH, PhD**

2011

*The US Medical Eligibility Criteria and World-wide Updates for Contraceptive Use in Adolescents*

**Emily Godfrey, MD, MPH**

2012

*Long Acting Reversible Contraceptives*

**Amy Whitaker, MD MS**

2013

*Physical Findings of Sexual Abuse (What We Said Then and What We Know Now)*

**Carol Berkowitz, MD, FAAP, FACEP**

2014

*Polycystic Ovarian Syndrome in Adolescents*

**Selma Witchel, MD**

2015

*Oncofertility*

**Teresa K. Woodruff, PhD**

## Plenary Speakers *(continued)*

**2016**

*The Impact of Exercise, Energy Deficiency and Stress on the Adolescent Menstrual Function: What's a Clinician to Do?*

**Debra Katzman, MD, FRCPC**

**2017**

*The Invisible War & The Hunting Ground: Lessons from the Frontlines of Sexual Assault in Our Schools*

**Amy Ziering**

**2018**

*Real Sexual Medicine Problems in Pediatric Patients*

**Irwin Goldstein, MD**

**2019**

*Hormone Replacement Therapy in the Adolescent Female: What do we Really Know?*

**Marcelle Cedars, MD**

### The NASPAG Lectureship

**2011**

*NASPAG 25 Years Later*

**Joseph Sanfilippo, MD, MBA**

**2012**

*Bone Health and Vitamin D*

**Susan M. Coupey, MD**

**2013**

*The Journey Towards Zero Harm, A Report from One Journeyman*

**Stephen E. Muething, MD**

**2014**

*Reproductive Coercion, Partner Violence, and Reproductive Health*

**Elizabeth Miller, MD, PhD**

**2015**

*Hypercoaguability in PAG*

**Shannon Bates, MDCM, MSc, FRCPC**

**2016**

*Curbing Physician Burnout: From Risk to Resilience*

**Wayne Sotile, PhD**

**2017**

*Microbiomes: What's all the Fuss About?*

**Kjersti Aagaard, MD, PhD**

**2018**

*Advocacy: Using your Voice for Change*

**Lisa Hollier, MD**

### The Joseph F. Russo, MD Lectureship

**2004**

*Obesity in Childhood and Adolescence*

**William H. Dietz, Jr., MD, PhD**

**2005**

*The Internet: A Valuable Tool or a Dangerous Toy?*

**Daniel D. Broughton, MD**

**2006**

*The Good, The Bad and The Ugly in Women's Athletics Since Title IX: Impact on Today's Girls*

**Pam Borton, Head Coach, University of Minnesota, Women's Basketball**

**2007**

*Teenagers Today: Good News – Bad News*

**Luella Klein, MD**

**2009**

*Adolescent Care: Creating a Blueprint for a Healthy Life*

**Susan Wysocki, WHNP-BC**

**2010**

*Adolescent Brain Development and Risk Taking Behavior*

**Adriana Galván, PhD**

**2011**

*What are the Mechanisms of Adolescent Anovulation?*

**Robert Rosenfield, MD**

**2012**

*Acute Menorrhagia: A Potentially Life-Threatening Problem for Adolescents with Bleeding Disorders*

**Andra H. James, MD, MPH**

**2013**

*The Neglected Tropical Diseases: The Most Common Afflictions of Girls and Women Living in Poverty*

**Peter Hotez, MD, PhD**

**2014**

*Reproductive Genetics*

**Lee Shulman, MD**

**2015**

*Care of the Young Female Athlete*

**Jordan D. Metz, MD**

**2016**

*Untangled: Guiding Teenage Girls through the Seven Transitions into Adulthood*

**Lisa Damour, PhD**

## Plenary Speakers *(continued)*

**2017**

*Risky Business: Contraception and Pregnancy in Congenital Heart Disease*

**Arwa Saidi, MD**

**2018**

*Our Kids Are Not Broken: A Strength-Based Approach that Recognizes Trauma, and Addresses Risk by Building on Strengths*

**Kenneth Ginsburg, MD, MEd**

**2019**

*Youth Suicide Prevention: Everybody's Business*

**Hatim Omar, MD**

### The Elsevier Lectureship

**2005**

*When Jill Jumps Over the Candlestick Evaluation and Management of Genital Injuries*

**Diane F. Merritt, MD**

**2006**

*Bone Health for Girls in 2006 and Beyond*

**Catherine Gordon, MD**

**2007**

*Insights into Congenital Anomalies of the Reproductive Tract*

**Marc Laufer, MD**

**2008**

*Novel Strategies for Preserving Reproductive Potential in Young Cancer Survivors*

**David Lee, MD**

**2009**

*Menstruation through the Ages (300 BC-2009)*

**Estherann M. Grace, MD**

**2010**

*Turner Syndrome: Reproductive Options and Outcomes*

**Richard H. Reindollar, MD**

**2012**

*Teenagers and Turkeys--What Do They Have in Common?*

**Anna C. Dragsbaek, JD**

**2013**

*The Menstrual Cycle as a Vital Sign: Giving the Menstrual Cycle the Attention it Deserves*

**Paula J. Adams Hillard, MD**

**2014**

*Adolescents with Special Needs: Challenges and Controversies*

**Elisabeth Quint, MD**

**2015**

*Confidentiality in Pediatric and Adolescent Gynecology: When We Can and When We Can't and When We're Challenged*

**Elizabeth M. Alderman, MD**

**2016**

*You Might Blame Her Parents – Hematology for Gynecology*

**Mary Anne Jamieson, MD**

**2017**

*Managing Ovarian Masses: The Challenge in Finding the Right Balance*

**Lisa Allen, MD**

**2018**

*Breaking the Chains: Sex Trafficking Here and Everywhere*

**Ellen Rome, MD, MPH**

**2019**

*Reproductive Health in Transplant Medicine*

**Veronica Gomez-Lobo, MD**

### International Plenary Lectureship

**2019**

*Disparities in Adolescent Health*

**Aletha Akers, MD, MPH**

*Disparities in Adolescent Health*

**Patricia Moore, MD**



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